

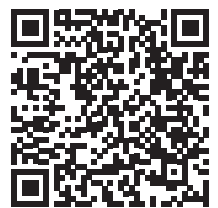
Becoming Breath of Spirit

2024 SAYMA Sessions & Retreat

June 20 - 23

Berea College, Berea, KY

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A downloadable, printable PDF of the program here or at the QR code above https://drive.google.com/file/d/1rABwh0O4R-9bcZX_pHGM-4Fj3B56nwBuW5/view

WIFI Access
SSID: SummerGuest-Wifi
PW: summer2024

Note from Yearly Meeting Planning Committee (YMPC) Welcome Friends!

We are looking forward to the 2024 SAYMA Sessions and Retreat. How lovely to have a second year to iron out all the wrinkles of a new location! We joyfully anticipate all the ways that this year's session can continue to build our community through physical and on-line opportunities for fellowship.

The SAYMA YMPC carefully stewards our YMPC budget to cover our expenses as best as can be anticipated. We continue to be grateful to Berea College for their modest rental costs that make their campus accessible to many varied groups throughout the summer. This year we invested in our hybrid program with professional technology management, we continued to use an on-line registration service (Eventbrite) to reduce the intense workload of registration for our administrative staff, and we continued our commitment to subsidize tickets for BIPOC Friends and families.

The SAYMA Program has information you'll need to navigate this year's Sessions and Retreat. It has information about events and activities you can experience. Meeting for business, most worship, and some workshops will be offered virtually or with a hybrid option for those who are attending remotely. Another way to know what is happening is to stop by the registration desk in the Alumni building to find notices about updated locations and times or to leave a note for another Friend! Plus, the Advance Program remains live to supplement the on-site program which is also available as a downloadable PDF from the SAYMA website.

With much gratitude,
Jennifer Dickie, outgoing clerk, Yearly Meeting Planning Committee

SAYMA Contact Information

YMPC: YMPC@sayma.org.

YMPC Clerk: Jennifer Dickie: YMPC@sayma.org, 404-313-8770

SAYMA Administrative Assistant: Saymaoffice@gmail.com, 865-272-9621

SAYMA Mail: c/o Admin.Assistant Susan Phelan, 1702 Pratt Ave. NE, Huntsville, AL 35801.

New SAYMA Administrative Assistant: Rob Collins

SAYF Program Coordinator: Autumn Woodward, AwesomeSAYFers@gmail.com, 828-333-7315

On-site Technology Coordinator: Aaron Ruscetta, 404-315-0406, arxaaron@gmail.com

SAYMA Bookstore: Judy Geary, judithgeary@msn.com, 828-773-0304

Golfcarts: Kim Saderholm, 859 358-4661

Emergency (Berea Public Safety): 859.985.3333:

For minor emergencies like keys not working, etc.

after business hours, call Public Safety at 859 985-3333

during business hours, call Jon Saderholm at 859 575-0527

Logistics on Campus

Check-in

Everyone at Yearly Meeting must check in. Report any unregistered person to the registrar. Your SAYMA nametag gives you access to Yearly Meeting activities. No one may visit SAYF or JYM who is not registered.

Registration Hours

Registration opens at 10 a.m. Thursday, as well as Friday morning and evening and later times by appointment.

Check out

After breakfast Sunday, pack up, lock your room, and turn in keys and name tag holders.

Child Protection Policy

Staff & full-time volunteers with JYM or SAYF have applied, had a background check, and an interview with the steering committee of the program. You are welcome to visit the programs as long as you have your name tag and these staff & volunteers are present.

First Time Attenders

If you see someone with a green dot on their name tag, they are at Yearly Meeting for the first time. Give them a BIG HELLO and make them feel welcome.

If this is your first time coming to Yearly Meeting, we extend a special WELCOME to you! Friday and Saturday lunch we will have 1st time attenders tables. Look for the signs on the tables in the dining room and join us if you would like to share with others here for the first time and get any questions answered.

WIFI Access

SSID: SummerGuest-Wifi

PW: summer2024

Dorm Access

Key cards will be used for access to the dorms. Key Deposit - \$5 cash at registration: You will need to leave a \$5 deposit in cash for each key issued to you. It is helpful to have exact change. Lost Key - Friends will be asked to pay for any lost keys. The charge for a lost key card is \$25. **Note:** Doors lock automatically when you shut them, so it is important to keep your card with you at all times. Your card will give access to dorm front door, your room and all the general spaces on campus.

Bathrooms:

The Yearly Meeting Planning Committee is sensitive to the needs of all Friends. We invite Friends to use the restrooms on campus that most closely align with their gender identity. Berea College dorms have only one restroom per secured hall. All restrooms have locking stalls for the toilets and the showers. We will do our best to assign those who prefer a gendered bathroom to a single gender hall. However, if you are sharing a room with someone of a different gender, you will necessarily be assigned to a hall with a non-gendered restroom.

Pet Policy: Please do not bring pets to Berea College. However, service animals are allowed.

Plan Ahead for Getting Around Campus

We provide golf cart shuttle service between the dorms and Alumni Building as well as the other buildings we use. You can request a shuttle to the parking lot as well.

Contact for golf carts:

Kim Saderholm

859 358-4661



Yearly Meeting Central

Alumni Building: 234 Scaffold Cane Rd.

Dining:

Berea College provides all meals for SAYMA overnight guests - Thursday lunch through Sunday lunch (10 meals). Vegetarian and Vegan options are always available. The kitchen can accommodate other dietary restrictions as requested.

Local Friends may choose to eat in the dining hall by paying for meals at the door (\$6 breakfast, \$10 lunch, \$14 dinner)

The dorms have full kitchens that do not have any cookware. Please bring your own cookware if you wish to use the kitchens in the dorms.

Location Index: See map

- * Business meetings & plenaries in Alumni building main level - Baird Lounge
- * Meals in cafeteria - lower level of Alumni Building
- * Registration, Bookstore, WQO displays, all-day coffee, Chat & Chew/Lobby of alumni building main level
- * Drop-off/Pick-up for JYM and Playcare: JYM & Playcare pick up and drop off area will be posted at registration.
- * Most workshops and Worship Sharing groups/Draper Building
- * Overnight Parking in the Deep Green Parking lot, right next to the building

SAYMA Bookstore

The bookstore carries books recommended by workshop facilitators, SAYMA URJ and others, books reviewed by *Friends Journal*, and other books of interest to Friends. SAYMA authors may be given a featured table in the bookstore to sign sell their books.

Pricing this year is in even dollars, includes tax and averages 20% below retail. Many used books are priced at \$1, plus there's the free book exchange table.

Bookstore Hours

9 a.m. - 1p.m. & 9 p.m. - 10 p.m.

Friday & Saturday

(Other hours as staff is available)

Check the bookstore area for
Info about Wider Quaker Organizations
& "Perpetual Coffee"



Yearly Meeting Expectations

While we are guests here, let us be mindful that Friends live in the discipline of the Spirit and our individual actions reflect on the Religious Society of Friends.

Campus Policies

- *Children must be supervised at all times. Parents and SAYF sponsors should be actively responsible for their children when they are not in the care of the FANs or the staff.
- *All college-furnished equipment must be left in the room or building where it was found.
- *SAYMA will be asked to pay for any damaged or missing college property.
- *Do not prop building doors open for any reason, ever.
- *No smoking, alcohol, illegal drug use, gambling allowed on campus
- *No pets are allowed on campus unless they are registered as service animals.

Special Events with Berea Scholars on Thursday

Thursday 12:45-1:30 p.m.: Berea College archivist, Sharyn Mitchell, from Berea College will share a talk with Friends about Berea College's history and founder, John G. Fee.

Thursday 1:45-2:30 p.m.: Dr. Shadee Malaklou, founder and director of the bell hooks center will offer an open house and question and answer opportunity at the bell hooks center,

Plenary Events

7:30-9:00 Every Evening

The yearly meeting planning committee endeavors to bring speakers to share their stories related to our annual theme at SAYMA sessions and retreat. These speakers may come from within SAYMA or they may be guests from outside our organization.

Thursday Night

Joyce Ajlouny, General Secretary of the American Friends Service Committee [AFSC], is a Quaker leader who is committed to helping bring peace and justice to communities locally and globally. A Palestinian American, Joyce started her career in international development in Palestine serving as country director for Palestine and Israel with Oxfam-Great Britain and chairing the Association of International Development Agencies. Prior to joining AFSC, Joyce served as the director of the Ramallah Friends School, a leading K-12 Quaker school in Palestine, for 13 years, where she led a diverse staff to transform the school academically, physically and financially. Joyce will speak of her experience as a Palestinian Quaker leader, reflecting on our 2024 SAYMA theme Becoming Breath of Spirit. She will share AFSC's work witnessing Quaker values in the world, including humanitarian aid to Gaza and their work centering just economies in the United States' south region.

Friday Night

illuminating the Path of our Guide to Faith and Practice

SAYMA Faith and Practice ad hoc revision committee (the Revisionaries) in cooperation with SAYF offer an interactive plenary on Friday evening. Using improvisational storytelling, queries, and a vision board please join us as we ask the Light to illuminate the future of our Faith and Practice.

Using improvisational storytelling, queries, and a vision board we will explore our past, map the present, and discern how we are led back to the future of Quakerism.

Saturday Night

Dance and Music with live music and dance caller

Chat & Chew

Thursday-Saturday late evening

Chat and chew is an informal time for Friends to visit with each other over food and drink provided by volunteers from monthly meetings. If you would like to contribute food or drink on one of these nights, please contact Kim Saderholm, 859 358-4661



A Path to Racial Conflict Transformation*

Sessions open to everyone—Each day from 2:45-4:45

Meetings for Worship w/attention to racial conflict transformation facilitated by S Bowland, Friend from Atlanta and Celeste Brock who will assist virtually.

Goal: Create an opportunity to build Friendships across differences, and uplift our Testimonies of Equality and Community. Give special attention to racial tensions. A look at how institutionalized Quaker Practice enables racial strife.

Session 1 (Thursday): Threshing/Sacred Listening

Speaking from the heart. Releasing painful memories, making room for spiritual growth and healing.

Session 2 (Friday): Brave Dialogue

Analyzing our conflicts through an anti-racist lens. Clarifying what we can agree on and what needs more work. Creating paths for deeper understanding and compassion.

Session 3 (Saturday): Plan for Success/Sacred Steps

Identifying opportunities for moving forward in community and the building blocks for right-relationships. How to avoid old steps and mis-steps while creating new steps. Sacred space for Truth, Restorative Justice, and Building the Beloved Community.

*Biographic information about the session leaders is on page 13.

Meeting for Worship with Attention to Business

Friday-Sunday

Each session begins with centering, expectant worship. As we start our business each day we take a roll call of meetings and Friends present, and review the day's agenda.

During meetings for worship with attention to business, Friends recognize that we are all in a single community seeking way forward guided by Spirit in our corporate discernment and that no one Friend is in possession of complete knowledge. We come to Meeting with kindness in our hearts, expecting to be surprised by the solutions that appear. In keeping with our testimony of simplicity, we endeavor to state our concerns just once, trusting that through deep listening, Friends will hear us. In turn, we strive to listen actively and carefully to others so that we can discern the sense of the meeting. Anyone at any time may request a return to centering worship to help us with our discernment.

Meeting for worship with attention to business may include:

- Approving nominations for SAYMA's officers and committees.
- Considering the coming year's budget.
- Hearing reports from committees, invited guests, and WQO representatives.
- Laboring with concerns that have arisen over the past year.
- Epistles from JYM, SAYF, YAF, and Yearly Meeting.

A Note on Reports:

Documents needed for business will be posted on the SAYMA website (www.sayma.org) If you download any for reference, you'll save SAYMA the expense of printing paper copies. Paper copies will be made available for those without internet access and binders will have copies for your perusal.

A Message about Meeting for Worship with Attention to Business

SAYMA has been experiencing racial conflicts during Meeting for Worship with Attention to Business. This year the three sessions of “A Path to Racial Conflict Transformation” are where we will work on the conflict that has been ongoing for over six years. The threshing session starts Thursday at 2:45; this is the place to bring and air your concerns rather than during Meeting for Worship with Attention to Business. We invite and encourage everyone to attend and participate with the goal of creating a Sacred space for Truth, Restorative Justice, and Building a Community that respects all of humanity and humynity.

Co-clerks’ Guidelines for participants in Meeting for Worship with Attention to Business

- We will look for and affirm that of God in ourselves and others.
- We will listen in a spirit of continuing revelation.
- We will seek guidance from Spirit before we speak.
- We will wait to be recognized by the clerk before speaking.
- We will speak to the question at hand and be concise.
- We will speak only once to an issue unless we have new information to offer or need clarity.
- We will speak to the meeting as a whole, not to individuals.
- We will hold the meeting in worship, and refrain from side conversations.
- We will listen for truth and refrain from put-downs of ourselves or others. It’s OK to disagree respectfully, recognizing that of God in one another.
- We will stop and hold silence and space for a moment if something hurtful is said, or someone loses their temper. Please refrain from outbursts.
- We will not take ourselves too seriously and we will have fun.

~*Quaker Process for Friends on the Benches* by Mathilda Navias

~*Vocal Ministry* by Barry Crossno and J. Brent Bill

~*Meeting for Worship for Business* Atlanta Friends Meeting document

Co-clerks’ process for reducing harm when it occurs during sessions: We may intervene

- if a Friend lays blame or otherwise hurts another.
- We may reserve a designated time to address hurt as soon as possible, even in the moment if a Friend needs support.
- We may ask a Friend to take slow deep breaths to self-regulate and ground in Spirit after an angry outburst.

In the event of an angry outburst or occurrence of harm:

- Do ask for help if you are feeling a loss of self control. In all matters, taking care of self is important.
- Be open to assistance if someone notices that you are derailing the discernment process.
- Be open to assisting if you notice someone derailing the discernment process.
- Please write down what happened if it doesn’t get addressed in that moment, so you will have a record of your concern. Do deliver the written concern to the co-clerks and the restorative practices support person.

Looking forward to a brighter future for all of us, together,

Daryl Bergquist and Margaret Farmer
Outgoing co-clerks

WORKSHOPS

Friday & Saturday afternoons

Workshops are a central part of SAYMA sessions and retreat. Many Friends offer workshops related to our annual theme and developed from their personal experiences, interests, and gifts.

Friday:

Formats: H-Hybrid, V-Virtual Only, I-In Person Only

Format	Title	Presenter & Rm	Description
I	Living in Spirit, Building Community	Wood Bouldin 114	Workshop will ask participants to share experiences of Spirit as inward center and as motive and power for outward doing. Then discuss how regular practice of such sharing might form ethical/spiritual foundations of intimacy for collective, collaborative experience of the meeting as a community with a spiritual center and calling.
H	Beyond land acknowledgment — landback	tom kunesh 116/117	After owning up to the fact that we are receivers of stolen property as descendants of settler-colonizers, - what to do? A variety of real-life solutions are available to us to begin repairing our historical broken relationship with indigenous peoples here in the Southeast.
I	East Ridge Community and Growing Good-Garden	Danielle Capillo Alumni Building entry	We will tour the East Ridge Community Garden. This garden is one of my leadings and feeds my spirit. I hope to share this sentiment and discuss with participants their own experiences of gardening or other spirit led activism they participate in, in their communities.
H	Listening and the Power of Being Wrong	Melissa Preast 103	Ready to transform conflict and create stronger relationships? Maybe our approach to listening is what we should transform. In this space, we'll share our experiences and explore the joy of releasing control through trust in the inter-relationship of Spirit. You are invited to attend one or both days of this two-day workshop.
V	Tai Chi for older adults	Steve Olszewsky	A form of Qigong, defined: "an ancient Chinese healing art involving meditation, controlled breathing, and movement exercises." "Qi" (Chi) means Spirit as Vital Energy & Life Force. "Gong" means Cultivation (Work). The Breath of Spirit will be [literally] present and available in this workshop [to participants doing the work].
I	Kite Making Workshop	Chuck Jones basement of Alumni Building	Participants will make a kite, decorate it, and fly it while contemplating some queries and sharing answers with the group.
H	A Time for Intentional Breath	O.H. Jackson Napier 205	We will consider readings from various traditions that encourage us to be aware of our breath and we will engage in these practices. I have faith that mindful and intentional breathing can aid us in times of tension, stress, and conflict. Please join us for this communal reading and practice.
I	Forest Bathing	Steve Livingston Chapel	An opportunity to share our experiences connecting with that of the Divine in forested settings. Steve also invites you to a hike after lunch on Sunday in the forest owned by the College, whether or not you sign up for the workshop.
H	Advancing and Sustaining Quaker Outreach	Sara Gada 115	How do Quakers embody the breath of Spirit online? As Quakers, we are uniquely positioned to create content grounded in ministry. How do we ensure that those ministries and stories get seen and heard? How do we expand online experiences into the meeting house, and vice versa?

Saturday:

Formats: H-Hybrid, V-Virtual Only, I-In Person Only

Format	Title	Presenter & Rm	Description
I	Planetarium Experience	Jon Saderholm Planetarium	Join Friend Jon Saderholm and sit back for a tour of the galaxy. This is a one hour planetarium presentation specially offered to SAYMA Friends. You'll have a chance to ask Jon about the planetarium as well as his long experience as an educator at Berea College.
H	Continuing The Work of Abolition and Those Who Came Before	Max Parthas Tribal Raine 114	Discussion on modern day slavery as it pertains to the 13th amendment. What we are doing now and how we can abolish it in its current form.
H	Decolonizing our language: language-back	tom kunesh 116/117	Quakerism grew up in Empire & uses imperial classist & racist language to describe its theology ('worship') as well as secular society ('american indians'). To "transform into an actively anti-racist faith community", as FGC committed itself to doing seven years ago, requires naming the caconyms (bad words) & finding their replacements.
H	Listening and the Power of Being Wrong	Melissa Preast 103	Ready to transform conflict and create stronger relationships? Maybe our approach to listening is what we should transform. In this space, we'll share our experiences and explore the joy of releasing control through trust in the inter-relationship of Spirit. You are invited to attend one or both days of this two-day workshop.
I	Tai Chi Qigong for Relaxation	Jennie Boyd Bull TBA	Three days of meetings can be intense. Take time to relax by flowing in community with a simple 8-movement Tai Chi Qigong form that stills your mind, relaxes your upper body and grounds your lower body, so you can offer whole-person presence throughout the weekend. Settle in at 12:45, exercises begin at 1:00.
V	Tai Chi for older adults	Steve Olszewsky	Repeat of workshop offered on Friday.
H	Seeking Peace in Your Community	Wayne Finegar 114	The Executive Director of Quaker House will suggest strategies that local meetings can use to advance the Peace Testimony through a variety of outreach projects that can be adapted for the needs and interests of the meeting.
I	A Taste of AVP	Trina Baum Dot Dobbins Keith Barnes 205	Every day we read, hear about, witness or experience acts of violence. To bring change, we are working together to learn how to walk in a nonviolent way and to help ourselves and others find hope. Are you willing to practice nonviolent solutions to conflict by exploring Alternatives to Violence?
H	Intergenerational Games	SAYF TBA	Everyone is invited to join with SAYFers & JYM for strenuous outdoor play.



Worship

Opportunities for worship every day

- Opening worship on the first day of the retreat
 - Closing worship on the last day of the retreat
 - Meeting for worship with attention to Business.
 - Worship sharing* small groups on Friday and Saturday. Facilitated worship sharing is a time to seek a deeper understanding and maybe even answers to the questions we may have had or have never even thought of. Come share, learn a new perspective or listen to what your community is experiencing.
 - Early morning worship Check-in at the retreat for specific times and locations.
 - Late night worship Check-in at the retreat for specific times and locations.
 - Meeting for remembrance Join with Friends to celebrate the lives of those who have passed on in the previous year. Friends may submit minutes of remembrance to the worship coordinator for reading during this meeting. (submit minutes to SAYMAoffice@gmail.com)
 - Young Adult Friends worship When possible young adult Friends at SAYMA will bring queries for worship sharing. Check-in at the retreat for specific times and locations.
 - Special worship groups have included men's, women's, and non-binary Friends, Friends of Color, Young Adult Friends, and others—if you are led to facilitate a special worship space, please indicate that on your registration form. Check-in at the retreat for specific times and places for these groups.
- Listening worship with Finance Committee

*Facilitating worship

We rely on volunteers to ensure our worship spaces are available. If you are led to facilitate worship sharing or early or late night worship opportunities, please indicate this on the registration form. These worship spaces are available when we have Friends willing to support them.

Queries for Worship Sharing

- Where in the natural world do I feel breath of Spirit in me? &
- What places feel like a sanctuary where I feel breath of Spirit in me?
- How can I surrender to Spirit, clearing out and pruning my life, to allow the breath of Spirit to blow through me?
- How do we open the door to Spirit and steward that which is holy?
- What keeps me from recognizing breath of Spirit in others?
- Why can't I respond to breath of Spirit in other people? What might that tell me about myself?

Young Adult Friends

SAYMA Young Adult Friends are a community of peers ages 18-35 who meet for fellowship and fun at SAYMA sessions and retreat. YAFs work together to nurture mutual needs and concerns within the open, safe, and sacred space of the Quaker community at SAYMA Sessions & Retreat. YAFs invite any Friend to join them in their worship and in their business meetings and they intend to lead a worship sharing for everyone during the retreat.

YAF Financial Support Young Adult Friends' SAYMA registration is fully funded through a bequest from the Suzane and Tom Kenworthy estate.

Young Friends Programing

SAYF Southern Appalachian Young Friends at SAYMA (Teens 13*-18)

SAYF at SAYMA serves as both the last and the first retreat of the year for SAYF. *Rising 7th graders (who may be 12 years old) may attend SAYF at SAYMA as their first retreat as they age out of JYM while Young Friends who are graduating from SAYF will experience a wonderful graduation ceremony on the last evening. All teens are welcome to join SAYF at SAYMA, even if they haven't been active in SAYF in the past. This retreat combines fellowship, worship, and business. Teens stay in a dorm together and meals are eaten in the dining hall with SAYMA Friends during regular dining hours.

SAYF at SAYMA Sponsor requirements and additional forms:

Teens must arrange to have a sponsor in order to attend SAYF at SAYMA. We understand that not all SAYFers have parents/guardians who attend SAYMA Sessions and Retreat each year. For this reason, we ask that each teen have a sponsor, who may be a parent or may be another adult Friend, who will be on campus throughout the gathering weekend. SAYFers and their sponsors must attend a brief orientation meeting on the first night, and the sponsor will be responsible for their Young Friend whenever they are not involved in supervised SAYF activities.

FORMS REQUIRED: (1) SAYF retreat registration, (2) sponsor forms, (3) Berea College Participation Agreement and Liability Release Form, (4) New medical release forms for 2024-25. Visit AwesomeSAYFers.org to find all forms.

QUESTIONS: contact SAYF Program Coordinator, Autumn Woodward, at (828) 333-7315 or via email AwesomeSAYFers@gmail.com.

Teens Arriving at Berea:

- Bring the additional SAYF at SAYMA forms with you, completed and signed.
- Check in with the SAYMA registrar in the Alumni Building to get your name tag, dorm access key, and review any workshops you signed up for.
- Report to the SAYF dorm for check-in from 6:30 - 7:15 pm on Thursday night. Parents and sponsors have responsibility for SAYFers until they check in at their dorm.
- The main sponsor orientation meeting will be held at 9:30 pm Thursday evening. All SAYFers and sponsors on campus at that time must attend.

Junior Yearly Meeting [JYM] (Children 6-12*)

Bring your children, grandchildren, cousins, and other young Friends, from rising 1st through rising 6th graders to Junior Yearly Meeting!

Junior Yearly Meeting* is big fun for young Friends with games, crafts, excursions, storytelling, music, nature, bubbles, laughter, community building, Quaker history and practice, cooking, sharing talents with the wider community, and reflecting on this year's theme with the wider community.

*Children who are 12 years old and rising 7th graders may choose to participate in JYM or the SAYF program.

Contact for JYM, Playcare, and babysitting is at JYM@SAYMA.org

Young Friends Programs

Contact for JYM, Playcare, and babysitting is at JYM@SAYMA.org

✦ Butterfly symbol on the schedule indicates JYM & Playcare are in session.

JYM & Playcare

Junior Yearly Meeting* is big fun for young Friends with games, crafts, excursions, storytelling, music, nature, bubbles, laughter, community building, Quaker history and practice, cooking, sharing talents with the wider community, and reflecting on this year's theme with the wider community.

Playcare (Children 2-5 years)

We offer Playcare* at SAYMA – a supportive and contained environment where children ages 2 – 5 explore, play, and are nurtured by loving adults.

*In some cases JYM and Playcare will be joined together for activities.

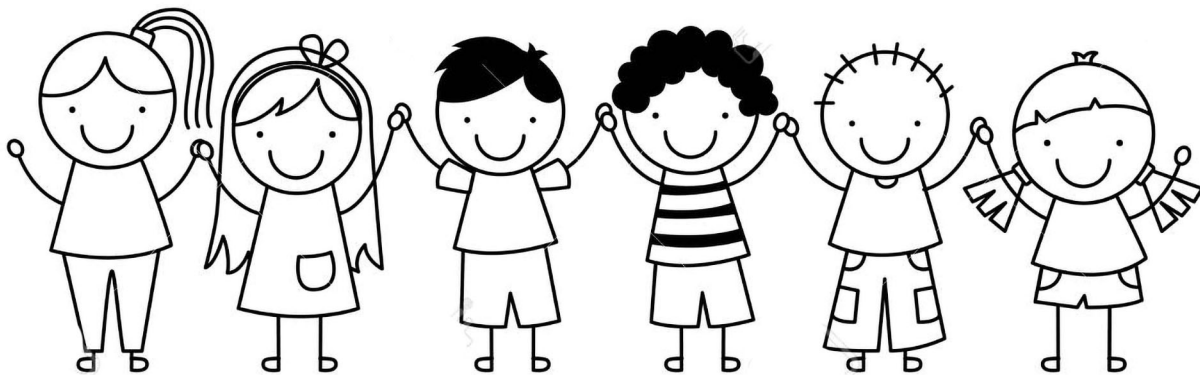
Babysitting (under 2 years)

Babysitting for children under 2 years old when volunteers are available. Caring volunteers who comply with the SAYMA child safety policy may be available by pre-arrangement for babysitting for up to 2-hour periods during adult programming at SAYMA. For more information about babysitting contact JYM@SAYMA.org

Volunteering with Young Friends Programs

Both JYM and SAYF need volunteer support during SAYMA Sessions & Retreat. If you are let to volunteer, please let us know on your registration form. This gives us time to get in touch with you about your interests and to complete any child safety requirements.

For more information about any of these programs, or about qualifications of adults who work with the children, contact the SAYF program coordinator at awesomesayfers@gmail.com or the JYM steering committee clerk at JYM@sayma.org



Racial Conflict Transformation Session Facilitators & Support:

Dr. S. Bowland, J.D., A.B.

Conflict, restorative, trauma, alternative resolution consultant with extensive and diverse experience with individuals, families, communities, medical professionals, and educational institutions.

Dr. Bowland's areas of interest include research, teaching and other contributions include Culture, Conflict and Community, Negotiation, Mediation, Conflict Resolution, Conflict Management, Leadership Development, Legal Reasoning and Conflict Management, Diversity Issues in Conflict Resolution, restorative practice, and Group Conflict Resolution.

Dr. Bowland has served as a consultant, practitioner and educator happily for many years. Her work in higher education includes Morehouse School of Medicine's Family Practice Development Program, Tuskegee University's School of Business, Colgate University, and Columbia College's Master of Arts in Conflict Resolution to name a few.

Dr. Bowland has served on the boards of the Georgia Council on Dispute Resolution; the American Association of Higher Education; the National Association of Mediators in Education; the National Women's Conference Committee Board and the American Society of Training and Development. S is a Co-Founder of Practitioners Research and Scholarship Institute (PRASI) a collaboration of diverse and creative people in the world of conflict resolution devoted to addressing the needs of people of color and others who are conventionally overlooked.

Dr. Bowland has served on the editorial review team of Conflict Resolution Quarterly. She has written contributions and editorial contributions in: Re-Centering Culture and Knowledge in Conflict Resolution Practice, (Syracuse University Press) and Beyond Equity and Inclusion: Recentering the Profession of Conflict Resolution, (Rowman & Littlefield, 2022).

Past Consulting Services: through PRASI, traditional and non-traditional resources to the field of conflict resolution in the areas of relationship building, bridge building, inspiring literature from traditionally underrepresented voices, and creating dialogue opportunities. S holds a commitment to understanding and exploring the impact of conflict resolution processes on Black communities.

Partial List of Available Trainings: General Mediation, Family Mediation, Juvenile Mediation, Arbitration, Transformative Mediation – General and Advanced, Peacemaking Circles, Restorative Justice, Large Group Facilitation, Community Mediation, Community Oriented Police, and Equal Employment Opportunity Training.

Credentials:

Jurist Doctor, George Washington University

National Law Center, Washington DC

BA, Social Relations Colgate University, Hamilton, NY

Ukumbwa Sauti, M.Ed

Ukumbwa is a Consultant, Facilitator, Educator and Program Developer on issues of Anti-Racism, Anti-Patriarchy, Men's Work, Consent and Culture. He has worked in higher education for 16 years engaging issues of Race, Gender, Environmental issues, Media and Culture.

Ukumbwa has been a member and supportive of numerous local, national and international organizations and movements advocating for Pan-Africanism, Anti-Racism, Relationship, Sexual and Intimacy safety and education, and Men's Development.

Ukumbwa has presented across New England, USAmerica, California, Toronto and Barbados. He is currently the moderator for the Men's Work Initiative, an organizer for the Greater Boston Men's Network and is a Social Media Director for Voice Male Magazine. Ukumbwa Sauti is an initiated Elder in the Dagara tradition from West Africa and provides Spiritual Counseling, ritual work and divination.

Racial Conflict Transformation Session Facilitators & Support, cont.:

Celeste Brock

Celeste Brock, now retired, will be holding space during the racial transformation sessions. She has served as teacher, social worker, editor, minister, f/Friend, family member and author. A music lover, she sang in many choirs, from age seven. Spiritually led, she was/is drawn to the church and justice. Over 30 Quaker years (“home” is La Jolla MM) nurtured and expanded her healing and social justice journeys. She holds space for S and others weekly in a virtual writing space dedicated to evolutionary revolutionary thought toward racial healing. In Celeste you will find a deep listener for truth and a heart eager to help foster a path toward healing for all. On occasion she serves as an editor for PRASI, the Practitioners Research and Scholarship Institute (www.prasi.org).

Shop Locally

Materials are also available at registration from the local tourism board about things to do and visit in the area.

Farmer’s Market
635 Chestnut St.
859 404-1230
Hours: Saturday 9 AM – 1 PM

Happy Meadow –
locally owned natural food store with a wide variety of food and body care products
286 Glades Rd.
859 986-3456
Hours 10-6 M-F, 10 -5 Sat.

Save-A-Lot
403 Richmond Rd. N.
859 986-0338
Hours: 8 AM -9 PM

Berea Urgent Care
234 Brenwood (across from Walmart)
859 985-0302
Hours: 9 AM - 8:30 PM, or until patient load is at capacity

Walgreens
220 Richmond Rd.
859 986-1494
Hours: 8 AM - 10 PM weekdays, 8 AM - 6 PM weekends
Pharmacy Closed 1 - 1:30 for lunch every day

Walmart
120 Jill Dr
859 267-8368
Hours: 6 AM – 11 PM

Berea Community POOL
HOURS Monday- Saturday 11am-6:00pm Sunday- 1pm-6:00pm
ADMISSION: DAILY RATES
Adults – (18 & Older) \$5.00
Children – (Age 3-17) \$4.00
Children- (2 & under) FREE
\$2 for ages 3 and up during the last hour of operation

<https://bereaky.gov/government/city-departments/parks-recreation/parks-facilities/swimming-pool/>

